

Are CPCs causing harm in young women with low health literacy by not giving them all the options?

What is a CPC?

- ◆ **CPCs are unlicensed health centers** that aim to prevent women from seeking abortions
- ◆ CPCs offer free pregnancy testing and ultrasounds, but give patients **biased and inaccurate information** on contraception, STIs, and abortion
- ◆ CPCs specifically **target vulnerable groups** such as young women with low health literacy

Why Does This Matter?

- ◆ With the overturn of *Roe v. Wade*, **reproductive freedom is under attack** in the United States
- ◆ The **Supreme Court has protected CPCs**, preventing their regulation on grounds of free speech
- ◆ **CPCs reduce reproductive freedom** by spreading misinformation and failing to inform patients of their options
- ◆ **NC legislature protects and funds CPCs** while trying to restrict access to abortion services
- ◆ **NC government misuses healthcare funds** to actively endorse CPCs instead of science-based reproductive health services

Key Points

- ◆ In the 22-23 fiscal year NC allotted **\$5 million of grant funding to CPCs**
- ◆ CPCs in Wake County outnumber abortion providers **3 to 1**
- ◆ **50% of CPCs** in Wake County are in the NC DHHS Pregnancy Resource Directory
- ◆ **All Wake County CPCs engage in misinformation** on abortion and emergency contraception
- ◆ The state needs to **reduce reliance on and legitimization of CPCs**

Methods and Results

Literature Review



NC Law Review



CPC Website Content Review

Main Finding: Wake County CPCs fail to deliver critical contraception services and abortion referrals while engaging in misleading and unethical practices.

Recommendations

The North Carolina Department of Health and Human Services has a **pregnancy resource directory that includes** state health centers, adoption agencies, and **many CPCs**; it **fails to include abortion clinics** or privately run comprehensive health clinics. To make the directory more comprehensive and **ensure pregnant individuals are given unbiased options** when dealing with an unintended pregnancy, **the state should add free or low-cost comprehensive clinics that provide abortion referrals or services to the directory.**

